

## Arthroscopy (Overview)



### Overview

If you have a joint problem, your surgeon may want to try arthroscopy. This lets your surgeon see inside your joint with a small, thin camera called an "arthroscope." It can be used on any joint, but let's see it in the knee.

### Preparation

To start, a large cut isn't needed to get into the joint. Instead, only a few small openings are made in your skin. The arthroscope is put through one. Surgical instruments can be put through the others.

### Procedure

The arthroscope sends images of the inside of your joint to a video screen. Fluid is put in your joint to help give a clear view. Your surgeon looks for damaged tissue and other problems. If a problem is found, the surgeon may fix it without making any new cuts in your skin. But sometimes the surgeon needs to make another incision to treat your joint.

### End of Procedure

When the surgeon is done, the openings are closed. Your skin is bandaged. Your healthcare provider will give you tips to help your recovery.

