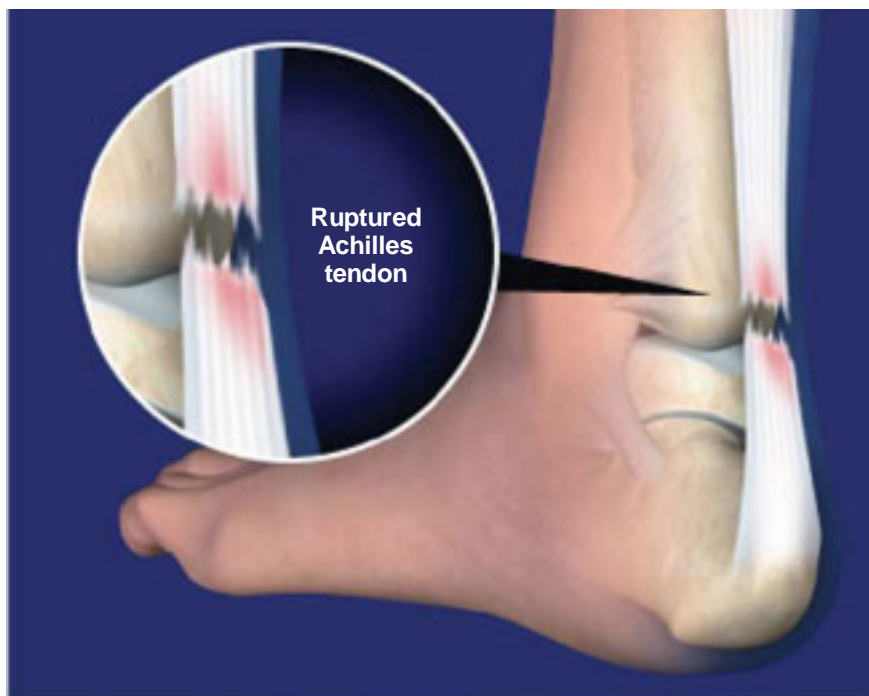


Surgery for Achilles Tendon Rupture



Overview

This surgical procedure is used to repair a ruptured Achilles tendon, the large tendon that travels down the back of the ankle. This procedure will help the tendon heal properly, restoring function to the foot and ankle.

Preparation

The patient is positioned so that the back of the ankle is clearly visible to the surgeon. Anesthetic is administered and the area is cleaned and sterilized.

Repairing the Tendon

An incision is made in the back of the ankle to access the ruptured tendon. Tools are used to gently pull the separated sections of tendon toward each other. The ends are then carefully stitched together.

End of Procedure and After Care

The incision is closed with sutures or surgical staples. The ankle is bandaged. The patient is placed in a cast for four to eight weeks, and should avoid putting weight on the foot while it heals. Afterward, the patient may require physical therapy. The patient can typically resume normal activities within four to six months.